--完整备份  
Backup Database NorthwindCS  
To disk='G:\Backup\NorthwindCS\_Full\_20070908.bak'  
  
--差异备份  
Backup Database NorthwindCS  
To disk='G:\Backup\NorthwindCS\_Diff\_20070908.bak'  
With Differential  
  
--日志备份，默认截断日志  
Backup Log NorthwindCS  
To disk='G:\Backup\NorthwindCS\_Log\_20070908.bak'  
  
--日志备份，不截断日志  
Backup Log NorthwindCS  
To disk='G:\Backup\NorthwindCS\_Log\_20070908.bak'  
With No\_Truncate  
  
--截断日志不保留  
Backup Log NorthwindCS  
With No\_Log  
  
--或者  
Backup Log NorthwindCS  
With Truncate\_Only  
--截断之后日志文件不会变小  
--有必要可以进行收缩  
  
--文件备份  
Exec Sp\_Helpdb NorthwindCS --查看数据文件  
Backup Database NorthwindCS  
File='NorthwindCS'   --数据文件的逻辑名  
To disk='G:\Backup\NorthwindCS\_File\_20070908.bak'  
  
--文件组备份  
Exec Sp\_Helpdb NorthwindCS --查看数据文件  
Backup Database NorthwindCS  
FileGroup='Primary'   --数据文件的逻辑名  
To disk='G:\Backup\NorthwindCS\_FileGroup\_20070908.bak'  
With init  
  
--分割备份到多个目标  
--恢复的时候不允许丢失任何一个目标  
Backup Database NorthwindCS  
To disk='G:\Backup\NorthwindCS\_Full\_1.bak'  
     ,disk='G:\Backup\NorthwindCS\_Full\_2.bak'  
  
--镜像备份  
--每个目标都是相同的  
Backup Database NorthwindCS  
To disk='G:\Backup\NorthwindCS\_Mirror\_1.bak'  
Mirror   
To disk='G:\Backup\NorthwindCS\_Mirror\_2.bak'  
With Format --第一次做镜像备份的时候格式化目标  
  
--镜像备份到本地和远程  
Backup Database NorthwindCS  
To disk='G:\Backup\NorthwindCS\_Mirror\_1.bak'  
Mirror   
To disk='\\192.168.1.200\Backup\NorthwindCS\_Mirror\_2.bak'  
With Format  
  
--每天生成一个备份文件  
Declare @Path Nvarchar(**2000**)  
Set @Path ='G:\Backup\NorthwindCS\_Full\_'  
+Convert(Nvarchar,Getdate(),**112**)+'.bak'  
  
Backup Database NorthwindCS  
To disk=@Path  
  
  
--从NoRecovery或者  
--Standby模式恢复数据库为可用  
Restore Database NorthwindCS\_Bak  
With Recovery  
  
--查看目标备份中的备份集  
Restore HeaderOnly  
From Disk ='G:\Backup\NorthwindCS\_Full\_20070908.bak'  
  
--查看目标备份的第一个备份集的信息  
Restore FileListOnly  
From Disk ='G:\Backup\NorthwindCS\_Full\_20070908\_2.bak'  
With File=**1**  
  
--查看目标备份的卷标  
Restore LabelOnly  
From Disk ='G:\Backup\NorthwindCS\_Full\_20070908\_2.bak'  
  
--备份设置密码保护备份  
Backup Database NorthwindCS  
To disk='G:\Backup\NorthwindCS\_Full\_20070908.bak'  
With Password = '123',init  
  
Restore Database NorthwindCS  
From disk='G:\Backup\NorthwindCS\_Full\_20070908.bak'  
With Password = '123'

批处理文件备份恢复

备份.bat

@ECHO ON

set d=%date:~0,10%

set d=%d:-=%

set t=%time:~0,8%

set t=%t::=%

set stamp=%p%%d%

set projects=E:\DEMSY.V2.Projects\

call :backupone demsy\_yninfo\_itour

goto :EOF

@ECHO OFF

:backupone

setlocal

echo %1

set dbname=%1

set subfolder=%dbname%\backup\

if not exist %projects%%subfolder% mkdir %projects%%subfolder%

rem echo %projects%%subfolder%%dbname%%stamp%.bak

sqlcmd -U sa -P "demsy" -S localhost -Q "backup database %dbname% to disk='%projects%%subfolder%%dbname%.bak'"

"d:\WinRAR\RAR.exe" a -ep1 -r -o+ -m5 -s -df "%projects%%subfolder%%dbname%-%stamp%".rar "%projects%%subfolder%%dbname%.bak"

endlocal&goto :EOF

恢复.bat

@ECHO ON

set projects=E:\DEMSY.V2.Projects\

call :backupone demsy\_yninfo\_itour

goto :EOF

@ECHO OFF

:backupone

setlocal

echo %1

set dbname=%1

set subfolder=%dbname%\backup\

if not exist %projects%%subfolder% mkdir %projects%%subfolder%

sqlcmd -U sa -P "demsy" -S localhost -Q "restore database %dbname% from disk='%projects%%subfolder%%dbname%.bak'"

endlocal&goto :EOF